



Hamsa Studio

STUNDENPLAN

Montag

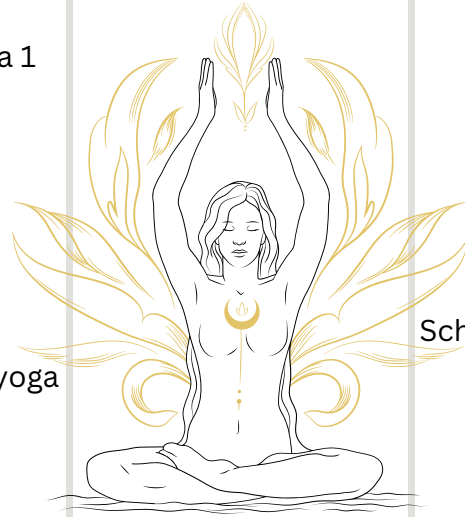
10:30
Rückbildungsyoga 1

12:00
Mama Yoga 2

-
18:15
Schwangerschaftsyoga

19:45
Yogilates

Dienstag

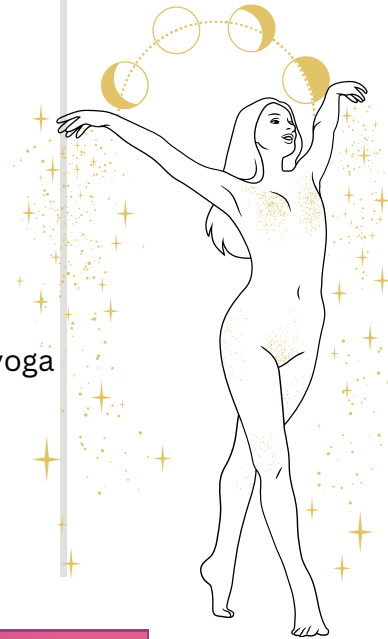


Mittwoch

18:15
Schwangerschaftsyoga

19:45
Yogilates

Donnerstag



Freitag

10:30
Rückbildungsyoga 1

12:00
Mama Yoga 2

-
18:15
Schwangerschaftsyoga

19:45
Yogilates



Kostenlose Probestunde

Hamsa Studio – Sarah Reinsdorf

IBAN: DE72 6805 0101 0014 1490 12 Sparkasse Freiburg

www.hamsa-studio.de sarah.reinsdorf@gmail.com

