



Hamsa Studio

STUNDENPLAN

Montag

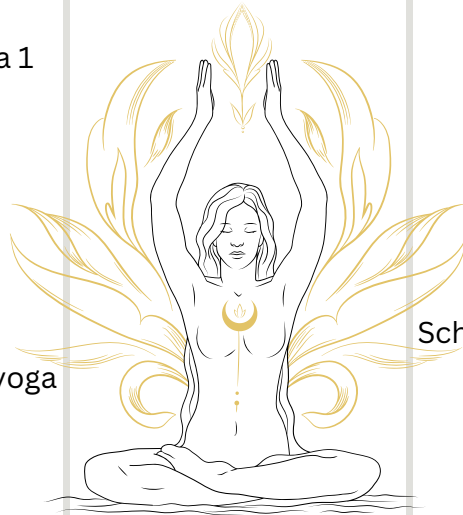
10:30
Rückbildungsyoga 1

12:00
Mama Yoga 2

-
18:15
Schwangerschaftsyoga

19:45
Yogilates

Dienstag

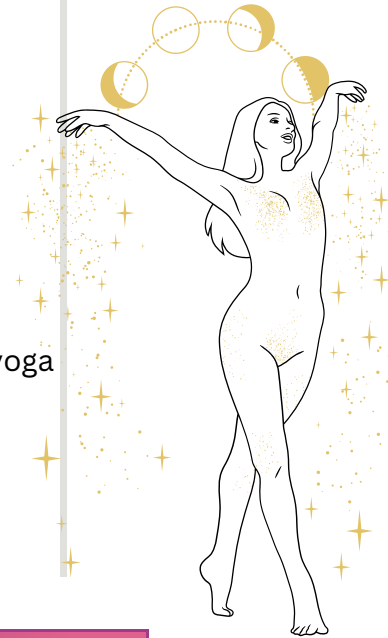


Mittwoch

18:15
Schwangerschaftsyoga

19:45
Yogilates

Donnerstag



Freitag

10:30
Rückbildungsyoga 1

12:00
Mama Yoga 2

-
18:15
Yoga prénatal

19:45
Yogilates en français



Kostenlose Probestunde

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